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Laerskool Meyerspark Primary

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Dear Parents/Guardians

COVID-19

What to do when you think you have contracted COVID-19/waiting test results:

1. Immediately inform the Principal or Deputy Principals of the school.
2. Self-isolate/quarantine immediately.
3. Ensure you strengthen your immune by means of vitamin C and Vitamin E.
4. Consume alkaline foods.

What to do when you have been in contact with a person who tested positive:

1. Immediately inform the Principal or Deputy Principals of the school.
2. If you or your child have been in contact with a person who tested positive PLEASE do not send your child to school, self-quarantine for 14 days.

How to know that you are infected with corona virus:

1. Itchy throat.
2. Dry throat.
3. Dry cough.
4. High temperature.
5. Shortness of breath.
6. Loss of smell.
- 7.

Please wear your mask and stay safe!

Kind regards

Signed Mr. O. Vermeulen
PRINCIPAL